

PVRG FREE RESTORATION MINI BOOK

7 Prophetic Declarations for Divine Restoration

A pastoral guide for healing, hope, prayer, and the rebuilding of destiny

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Restoring Lives Rebuilding Hope Reviving Destinies

How to Use This Mini Book

This free guide was written for anyone who feels tired, wounded, delayed, confused, spiritually dry, or silently discouraged. It is not a replacement for counselling, medical help, wise pastoral care, or responsible decisions. It is a companion for prayer, reflection, and a fresh step with God.

Do not rush it. Read one declaration each day, or read the whole mini book when you need strength. Underline the sentences that speak to you. Pray the prayers aloud. Write down what the Holy Spirit is showing you. Then take one practical step, however small.

My prayer is simple: may this not be another download that sits untouched on your phone. May it become a seed of restoration in your heart, your home, your relationships, your mind, and your walk with God.

With pastoral love,
Apostle David Ogunseyin
Founder and Lead Pastor, PVRG

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A Pastoral Word Before You Begin

Beloved, restoration is not always loud. Sometimes it begins quietly, in a room where nobody knows you are crying. Sometimes it begins when you finally admit, I am tired of pretending that everything is fine. Sometimes it begins when you stop blaming yourself for what broke you, and you start allowing God to heal what you could not repair by strength alone.

I have learned in ministry that many people do not lose faith because they hate God. They lose strength because life has pressed them from too many sides. A relationship broke their confidence. A family issue drained their joy. A betrayal made them suspicious of love. A delay made them question their destiny. A hidden battle made them feel unworthy of prayer.

If any part of that sounds like you, I want you to hear me clearly: you are not beyond restoration. Your story is not too messy for God. Your tears are not wasted. Your pain is not proof that God has abandoned you.

Joel 2 25 And I will restore to you the years that the locust hath eaten.

Restoration does not mean God pretends nothing happened. It means God is able to meet you inside what happened and begin a holy rebuilding. He restores wisdom. He restores peace. He restores discernment. He restores courage. He restores the parts of you that pain tried to bury.

This mini book is a simple journey of seven declarations. Each declaration is not magic. It is not religious noise. It is a way of agreeing with the truth of God over the lies that pain, fear, shame, delay, betrayal, or confusion may have spoken over you.

Read slowly. Pray honestly. And as you pray, do not only ask God to change people around you. Ask Him also to heal what is wounded within you, strengthen what is weak, and give you wisdom for the next step.

Declaration 1 God Has Not Finished With Me

Philippians 1 6 He which hath begun a good work in you will perform it until the day of Jesus Christ.

There are seasons when life can make you feel abandoned halfway. You started with hope, then disappointment came. You trusted, then betrayal came. You prayed, then delay came. You believed, then the evidence around you seemed to contradict everything you were expecting.

But a difficult chapter is not the same as a finished story. God does not begin a work in His children because He lacks the wisdom to complete it. He is not confused by the part of your life that currently looks unfinished.

Sometimes God is not late. He is rebuilding the foundation so that what comes next will not collapse under pressure. If He is still waking you up, still drawing you to prayer, still correcting you, still giving you hunger for truth, then He is still at work.

Say this slowly

I declare: God Has Not Finished With Me.

Prayer

Father, I bring You every unfinished area of my life. I bring You my delayed expectations, my tired places, my private questions, and my silent disappointments. Help me not to judge my whole destiny by one painful season.

Strengthen my faith where waiting has weakened me. Teach me to cooperate with Your process. Restore my confidence that You are still working, even when I cannot see everything You are doing. Amen.

One practical step

Write down one area where you feel unfinished. Beside it, write this sentence: God is still working here. Then pray over it for the next seven days.

Declaration 2 My Wounds Will Not Become My Identity

Psalm 147 3 He healeth the broken in heart, and bindeth up their wounds.

Pain has a way of trying to rename people. Betrayal may try to call you unwanted. Rejection may try to call you unlovable. Divorce may try to call you a failure. Delay may try to call you forgotten. Family wounds may try to make you feel permanently damaged.

But what happened to you is not the same as who you are. A wound is an experience. It must not become your identity. If you build your life around your wound, you may begin to choose from fear, love from suspicion, and pray from despair.

God heals by touching the heart, not merely changing circumstances. He does not shame you for bleeding. He binds wounds. He restores dignity. He teaches you how to live again without letting pain become your name.

Say this slowly

I declare: My Wounds Will Not Become My Identity.

Prayer

Lord Jesus, I surrender the wounds I have carried quietly. Heal the parts of me that still react from pain. Deliver me from building my identity around rejection, betrayal, disappointment, or shame.

Let Your truth speak louder than my history. Help me to remember that I am loved, seen, corrected, guided, and restored by You. Amen.

One practical step

Name one wound you have allowed to define you. Then write one truth from Scripture that speaks against that false identity.

Declaration 3 My Relationships Will Receive Wisdom and Healing

James 1 5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally.

Many people ask God to fix relationships, but they do not always ask Him for wisdom. Wisdom is important because not every relationship needs the same response. Some relationships need forgiveness and rebuilding. Some need boundaries. Some need honest conversation. Some need distance. Some need prayer and patience. Some need the courage to stop pretending.

A healed heart does not mean you ignore red flags. A forgiving heart does not mean you remove wisdom. Love is not the absence of discernment. Peace is not the same as silence. Restoration is not the same as returning to every situation that wounded you.

In relationships, God can restore your ability to see clearly. He can teach you to speak without cruelty, listen without defensiveness, love without losing yourself, and set boundaries without bitterness.

Say this slowly

I declare: My Relationships Will Receive Wisdom and Healing.

Prayer

Father, give me wisdom in my relationships. Heal what can be healed. Expose what must be addressed. Strengthen what is healthy. Separate me from what is destroying my peace and destiny.

Help me not to use prayer as an excuse to ignore truth. Help me not to use pain as an excuse to harden my heart. Teach me the balance of love, wisdom, patience, boundaries, and courage. Amen.

One practical step

Choose one relationship that needs wisdom. Ask: What is the next obedient step, not the most emotional step?

Declaration 4 I Will Not Make Destiny Decisions From Hunger or Fear

Proverbs 4 23 Keep thy heart with all diligence; for out of it are the issues of life.

When the heart is hungry, attention can look like love. When the heart is afraid, pressure can look like direction. When the heart is lonely, a wrong door can look like an answer to prayer.

This is why healing matters before major decisions. A wounded person may accept what a whole person would have questioned. A lonely person may call crumbs a feast. A desperate person may confuse urgency with the voice of God.

God is not asking you to become suspicious of everyone. He is asking you to guard your heart so that your decisions are not being driven by emptiness, fear, shame, or the need to prove something.

Say this slowly

I declare: I Will Not Make Destiny Decisions From Hunger or Fear.

Prayer

Lord, heal the hunger in me that may attract unhealthy attachments. Deliver me from making permanent decisions from temporary pain. Give me patience, discernment, and emotional honesty.

Where I am lonely, comfort me. Where I am afraid, strengthen me. Where I am confused, guide me. Let my next decision be led by Your wisdom, not by my wound. Amen.

One practical step

Before your next major relationship, ministry, money, or life decision, ask: Am I choosing from peace, or am I choosing from pressure?

Declaration 5 Hidden Battles Will Lose Power in the Light

Ephesians 5 13 But all things that are reprov'd are made manifest by the light.

Some battles become stronger because they stay hidden. Hidden fear. Hidden lust. Hidden bitterness. Hidden anxiety. Hidden resentment. Hidden spiritual dryness. Hidden shame. Hidden loneliness. Hidden anger toward God.

The enemy loves isolation because isolation makes pain sound like truth. When a person suffers alone for too long, they may begin to believe that nobody will understand, nobody will help, and nothing will change.

But God brings healing through light. Light does not mean public embarrassment. It means honest confession before God, wise support, responsible help, and a refusal to keep feeding what is destroying you in secret.

Say this slowly

I declare: Hidden Battles Will Lose Power in the Light.

Prayer

Father, bring light into every hidden battle that is draining my peace. Deliver me from shame, secrecy, and silent bondage. Lead me to wisdom, accountability, prayer, and the right help.

I refuse to let hidden battles control my destiny. I receive grace to be honest, grace to repent where needed, grace to heal, and grace to walk in freedom. Amen.

One practical step

Identify one hidden battle and choose one wise action: prayer, repentance, trusted counsel, professional help, or a practical boundary.

Declaration 6 My Mind Will Receive Peace and Truth

Isaiah 26 3 Thou wilt keep him in perfect peace, whose mind is stayed on thee.

The mind can become a battlefield. One thought says God is with you. Another thought says you are finished. One thought says wait with faith. Another thought says nothing will ever change. One thought says forgive. Another thought keeps replaying the offence.

Not every thought deserves your agreement. Some thoughts need to be challenged with truth. Some need to be surrendered in prayer. Some patterns may need wise support, rest, counselling, or medical attention. Faith is not pretending the mind is never tired. Faith is bringing the mind under the care and truth of God.

God's peace is not denial. It is the strength to breathe again while He leads you forward. Peace does not always remove the situation immediately, but it keeps the situation from owning your soul.

Say this slowly

I declare: My Mind Will Receive Peace and Truth.

Prayer

Lord, guard my mind. Where fear is loud, let Your truth be louder. Where anxiety is heavy, let Your peace strengthen me. Where confusion has multiplied, bring clarity and calm.

Teach me to reject thoughts that contradict Your word, my dignity, and my calling. Help me seek help when I need help and rest when I need rest. Amen.

One practical step

Write down one recurring negative thought. Under it, write: I will not build my future on this thought.

Declaration 7 My Destiny Is Being Rebuilt by Grace

Nehemiah 2 18 Let us rise up and build. So they strengthened their hands for this good work.

Restoration is not only about feeling better. It is also about rebuilding. Rebuilding prayer. Rebuilding discipline. Rebuilding trust wisely. Rebuilding vision. Rebuilding finances. Rebuilding confidence. Rebuilding obedience.

Grace does not mean passivity. Grace empowers you to rise again. There is a time to cry, and there is a time to build with tears still in your eyes. There is a time to process pain, and there is a time to stop allowing pain to lead the whole of your life.

You may not rebuild everything in one day. That is all right. Start with one wall. One prayer. One honest conversation. One boundary. One chapter. One application. One apology. One plan. One act of obedience.

Say this slowly

I declare: My Destiny Is Being Rebuilt by Grace.

Prayer

Father, strengthen my hands for rebuilding. Restore my courage, my discipline, my focus, and my hope. Show me the next step and give me grace to take it.

I refuse to remain permanently buried under what broke me. By Your grace, I rise, I heal, I learn, I rebuild, and I move forward. Amen.

One practical step

Choose one rebuilding action for this week. Make it small enough to do and meaningful enough to matter.

Seven Day Restoration Prayer Plan

Use this simple plan for one week. Do not worry about sounding perfect. Pray honestly. God is not impressed by performance. He responds to faith, humility, truth, and obedience.

Day	Focus	Prayer Action
Day 1	Hope	Read Declaration 1 and thank God that your story is not finished.
Day 2	Healing	Read Declaration 2 and name one wound before God without shame.
Day 3	Wisdom	Read Declaration 3 and ask God for one clear next step in a relationship.
Day 4	Discernment	Read Declaration 4 and pause one decision that is driven by pressure.
Day 5	Freedom	Read Declaration 5 and bring one hidden battle into the light wisely.
Day 6	Peace	Read Declaration 6 and reject one thought that has been tormenting your mind.
Day 7	Rebuilding	Read Declaration 7 and take one practical step toward restoration.

Reflection Questions

What part of my life needs the healing touch of God right now?

What have I allowed pain to make me believe about myself?

Where do I need wisdom, not just emotion?

What decision should I not rush because my heart is still healing?

What hidden battle needs light, prayer, counsel, or practical help?

What truth must replace the thought that keeps troubling my mind?

What is one small rebuilding step I can take this week?

Your Next Step With PVRG

If this guide has helped you, do not stop here. Restoration grows when it is nourished. One prayer can open the door, but daily wisdom, community, discipleship, and honest spiritual growth help you keep walking through that door.

At Prophetic Voice Restoration Global, our heart is to help people experience restoration through biblical teaching, prayer, healing, deliverance, relationship wisdom, and spiritual growth.

Your next step can be simple:

Join the PVRG community for prayer and encouragement.

Read PVRG articles and teachings for biblical wisdom you can apply.

Share this guide with someone who needs restoration.

Explore the books by Apostle David Ogunseyin on Amazon.

Pray about supporting the future work of PVRG when the ministry support pathway is available.

If you are not following us, you may not see us again. Stay connected, keep growing, and let restoration become a journey, not a moment.

More Books by Apostle David Ogunseyin

The following books are authored and independently published by Apostle David Ogunseyin. They are separate from PVRG ministry support and are available through Amazon.

If you are facing	Recommended book
Loneliness, attention, and emotional hunger	STOP DATING HUNGRY
Choosing love after pain	DON'T DATE YOUR WOUND
Marriage preparation and marital wisdom	BEFORE YOU SAY I DO and BEFORE YOU SAY I'M DONE
Betrayal, forgiveness, and boundaries	AFTER THE BETRAYAL
Repeated hurt, infidelity, and whether to stay	FORGIVE, BUT SHOULD YOU STAY
Pressure disguised as prophecy	GOD SAID YOU ARE MY WIFE
Parents, in-laws, and family boundaries	WHEN PARENTS CROSS THE LINE

Mental battles, fear, anxiety, and spiritual
oppression

WAR IN YOUR MIND

Manipulation, gaslighting, and destructive love

**THE PERSON YOU LOVE MAY BE THE ONE
DESTROYING YOU**

Amazon Author Page: <https://www.amazon.com/author/davidogunseyin>

Final Prayer

Father, I pray for the person reading this guide. Meet them where they are, not where they pretend to be. Heal what is wounded. Restore what has been drained. Give wisdom where there is confusion. Give courage where fear has been speaking. Give peace where the mind has been troubled.

Let this not be another forgotten download. Let it become a seed of restoration, clarity, prayer, and obedience. Restore lives. Rebuild hope. Revive destinies. In Jesus' name, Amen.

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